



**UNIVERSITÀ**  
DEGLI STUDI DI BARI  
**ALDO MORO**

Department of Precision and Regenerative Medicine  
and Ionian Area  
Head, Section of Internal Medicine, Endocrinology,  
Andrology and Metabolic Diseases

**Director Francesco Giorgino, M.D., Ph.D.**


Chair  
Prof. Francesco Giorgino

The background of the slide features a photograph of a city at sunset. In the foreground, a black street lamp with two lanterns is visible. The city skyline is reflected in the water, and the sky is a mix of orange, yellow, and blue. The image is overlaid with geometric shapes in shades of blue and white.

# REFRAMING DIABETES MANAGEMENT: TRADITION, INNOVATION, AND PERSONALIZED CARE

**April 10, 2026**

Aula Magna "De Benedictis" School of Medicine  
Bari, Italy



Diabetes mellitus represents one of the major global health challenges due to its high prevalence, the complexity of clinical management, and its significant impact on patients' quality of life. In recent years, advances in pathophysiological knowledge and the development of new therapeutic options have profoundly reshaped traditional approaches to diabetes care, paving the way for increasingly innovative and personalized treatment models.

The conference "Reframing Diabetes Management: Tradition, Innovation, and Personalized Care" aims to provide an integrated and up-to-date overview of emerging paradigms in diabetes management, with particular attention to balancing established clinical experience with the most recent scientific evidence. The introductory keynote lecture will offer a broad perspective on the ongoing transformations in the field of diabetology, highlighting the role of personalized medicine and therapeutic innovation.

A specific focus will be devoted to incretin-based therapies in type 2 diabetes, examining their therapeutic value and clinical impact in everyday practice. The discussion sessions scheduled at the end of the presentations will encourage critical exchange among experts, fostering constructive dialogue on the data presented and their clinical implications. The ultimate goal of the meeting is to promote a thoughtful, multidisciplinary, and patient-centered approach capable of translating scientific advances into tangible improvements in clinical outcomes.

# P R O G R A M

- 14.30 Registration
- 15.00 Opening ceremony  
**F. Giorgino, Institutional Authorities (Bari, Italy)**
- 15.30 **KEYNOTE LECTURE**  
**The new paradigms in diabetes**  
**C. Mathieu (Leuven, Belgium)**
- 16.30 **Incretin-based therapies in Type 2 diabetes:**  
**Therapeutic value and clinical impact**  
**F. Giorgino (Bari, Italy)**
- 17.15 **Discussion**  
**F. Giorgino, C. Mathieu**
- 19.30 Conclusions and take-home messages

## F A C U L T Y

### **FRANCESCO GIORGINO**

Professor of Endocrinology Director, Department of Precision and Regenerative Medicine and Ionian Area

Head, Section of Internal Medicine, Endocrinology, Andrology and Metabolic Diseases, University of Bari Aldo Moro

Chief, Division of Endocrinology, University Hospital Policlinico Consorziale, Bari (Italy)

### **CHANTAL MATHIEU**

Professor of Medicine, Head of the Subdivision Diabetes and

Division Clinical Endocrinology at the Catholic University of Leuven (Belgium)

### **Venue**

Aula Magna "De Benedictis" School of Medicine  
Policlinico Piazza Giulio Cesare, 11 - 70124 Bari, Italy

### **Registration**

Participation is free but compulsory and includes: attendance at the scientific sessions and certificate of attendance.

Registration can be done online on the website [www.cicsud.it](http://www.cicsud.it) by connecting to the "upcoming congresses" section or by scanning the QR Code.

### **CME Accreditation**

The Italian National Accreditation Commission for Continuing Medical Education has granted no. 4 CREDITS for Specialists in Metabolic Diseases and Diabetology, Endocrinology, Cardiology, Nephrology, Internal Medicine, Pediatrics.

### **CME Certificate and Certificate of Attendance**

The CME certificates will be sent via email once you successfully complete your verification test; the certificates of attendance will be delivered on-site only at the event, even in case of delayed closing.

**The Organizing Secretariat  
and CME Provider**



**CENTRO ITALIANO CONGRESSI CIC**

Viale Ecrivà 28 - 70124 Bari (Italy)

Tel. +39.080.5043737 - Fax +39.080.5043736 - E-mail: [info@cicsud.it](mailto:info@cicsud.it) - [www.cicsud.it](http://www.cicsud.it)